



Government
of South Australia

Department for Education

RENMARK NORTH SCHOOL

NEWSLETTER



Wednesday 29th April 2020

Term 2, Week 1

PRINCIPAL : MARY SHANNON | GOVERNING COUNCIL CHAIRPERSON : EMMA MULLIN

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FROM THE PRINCIPAL

Welcome back to the start of Term 2.

We continue to be in times of uncertainty and confusion with the COVID-19 virus. Thankfully the number of cases are decreasing and we seem to be flattening the curve. This is all due to everyone continuing to practice social distancing and a hygiene regime.

It has certainly been an interesting and challenging couple of weeks for teachers planning lessons for at home and at school. We thank all of our families for their support and understanding as we work through this process. This week we have had around 45% of students attending from Preschool to Year 7. Staff have been contacting families working from home and checking in with how they are going.

Some families have indicated that they will be returning students to school from next week, all being well, others will remain with at home learning until further advised. We appreciate everyone's opinions and will accommodate all student learning.

CLASS DOJO MESSAGE: We are seeking attendance details for Week 2 of school. You will be contacted by classroom teachers via Dojo. Can you please let us know your decision by Friday morning so teachers can prepare for school and at home numbers.

ONLINE LEARNING PACKS: Any students continuing to learn from home can collect their online learning pack from the library this Friday May 1 from 10am—12pm. Please enter the library from the library carpark back door. Mrs Athina Lioutas and Miss Athy Pipinis will be there to hand out packs. Please also send back any work completed for teachers to mark and assess.

Social Distancing and Hygiene during COVID-19 : Continuing on from the end of Term 1 staff continue to ensure social distancing is occurring where appropriate. We have received extra cleaning products and hand sanitiser from the Department to keep up hygiene practices across the site.

Access to education sites during COVID-19

During the COVID-19 restrictions, schools and preschools have been asked to limit the number of services on site to essential services only. We also ask that family members continue not to come onto school grounds; they are to meet and leave students at the entrance of the school grounds.

I will continue to keep you updated and provide up to date information as it comes to hand.

Thank you for your continued support and understanding; we appreciate it.

Stay Safe!

Mary Shannon

NUT AWARE

We have some children who have an allergy to nuts. Children are informed by teachers that they are not to share their food with anyone else.

We also understand that many food products contain traces of nuts, but we ask that you consider the food items that you send along to school for recess and lunch.



DISPOSITIONS : We are Brave - Persistent - Resilient - Adaptable - Communicators

STARR VALUES : Success - Team Work - Acceptance - Respect - Responsibility

FROM THE WELLBEING LEADER

Hi everyone,

As many have said we are living in such an unpredictable and unprecedented time. There are many views and personal opinions about the current Covid 19 situation. I'm sure there are some families in our community that are really confused about what they should do as maybe an employee, parent and citizen. I wanted to take this opportunity to just make sure you are all looking after your own health and wellbeing. There are some strategies that we can all use to ease the stress that we feel. You could also use these strategies with your children. I personally have been giving them a go and even though it does take some practice and may change the way you currently think, I have found the benefits worth it. Maybe give one a go! These strategies were provided by Ryan Howes, a clinical psychologist.

Live in the present. Live in the moment. Focus on what you are doing right now. Try not to think about the future or focus on the past. Enjoy your current surroundings.

Laugh. Sometimes, we take life far too seriously. Kids laugh about 200 times per day; adults laugh an average of 15 times per day. Watch a funny movie, play a family game like charades or Pictionary. Even an epic game of hide and seek with the kids is bound to get you in stitches.

Practise gratitude. You'll find you shift your overall outlook on life when you come from a perspective of gratitude. Write down 3 things each day you are grateful for in a journal and reflect on what makes you happy.

Do what makes you happy first thing. Sometimes it can feel like you're going through your days on autopilot. Start your day off on a positive note, by doing something you love early in the morning. It will help you to set a positive tone for your day.

Danielle Woolford

Wellbeing Leader

BUS CCTV INSTALLATION

All school buses contracted by BusBiz now have Closed Circuit Television (CCTV) cameras installed. This measure has been taken by BusBiz to improve student safety and limit vandalism on the buses.

The CCTV will operate on all bus runs as well as when the bus is utilised for camps and excursions. Footage from these cameras will only be viewed in accordance with the department's 'CCTV Use on School Buses Guideline', as stated below.

"Should there be an incident that may warrant the viewing of the CCTV footage, such viewing must only be undertaken for the purpose of investigating the incident in question. For incidents not reported to SAPOL, viewing of CCTV images should be conducted by the Principal of the school and any other person the Principal believes should be present."

At no time will this footage be shared or released for public viewing.



Special Lunches Update

We will continue to use the Grab and Go Food Express company for our special lunches on Mondays and Fridays.

Orders will start Monday 4th April.

New closing time for orders will be 8:00am on the day of ordering.

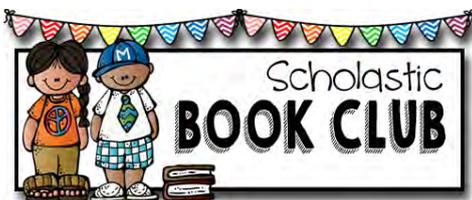
SCHOLASTIC BOOK CLUB ONLINE

Due to these unprecedented times, Scholastic Book Club will be online in Term 2.

Please follow the link:

<https://scholastic.com.au/book-club/virtual-catalogue-1/>

Orders will still be delivered to the school. All orders to be placed by Monday 18th May.



COVID19: Identifying the symptoms

Symptoms	Covid-19 Symptoms range from mild to severe	Cold Gradual onset of symptoms	Flu Abrupt onset of symptoms
 Fever	Common	Rare	Common
 Fatigue	Sometimes	Sometimes	Common
 Cough	Common (usually dry)	Mild	Common (usually dry)
 Sneezing	No	Common	No
 Aches and pains	Sometimes	Common	Common
 Runny or stuffy nose	Rare	Common	Sometimes
 Sore throat	Sometimes	Common	Sometimes
 Diarrhea	Rare	No	Sometimes for children
 Headaches	Sometimes	Rare	Common
 Shortness of breath	Sometimes	No	No

Source: WHO, Centres for Disease Control and Prevention

ICECREAMS EVERY THURSDAY AT RECESS 50C - \$1.00 EACH



SCHOOL BANKING

School banking day is Wednesday this year.

If you are interested in opening an account, please come to the front office and we can provide you with an information pack.



Woof!
Wednesday
is School Banking day.

From your Pastoral Care Worker

Hi there families!

I hope you are all well in this crazy time! The opportunity to serve this wonderful community has been a huge joy to me and I would like to let you all know that this term, my regular work days have changed to **Tuesday, Thursday and Friday**. I'm here to support the whole school community as a Pastoral Care Worker, so if there's anything I can do to support you and your family, don't hesitate to contact me! I can be reached by phoning the school, or you can email me any time at narelle.fielke729@schools.sa.edu.au or on Dojo. In the current climate, I understand that some families are spending much more time at home, so I thought I would include a fun scavenger hunt for our students to do either at home or on a walk. I will aim to include an optional activity for students to do with each newsletter.

Home and Garden Scavenger Hunt



- A feather
- 4 different leaves
- Something yellow
- A curved stick
- A round rock
- The longest blade of grass
- Something circle shaped
- A pointy rock
- A pencil
- Something card board
- A piece of string
- Something soft
- A peg
- Something squashy
- A magnet
- Something wooden
- A seed
- Something grey
- A flower
- Something square
- Tree bark
- Something white
- A birds nest
- A worm
- Something red
- A beetle

Let me share with you what I have been up to last term!

Breakfast Club

With the best interest of people's health in mind, as a preventative measure, Breakfast Club was **postponed** last term and that postponement will continue until further notice. However, the staff at Renmark North Primary School will still be monitoring our student's welfare to ensure that no one goes without.

Harmony Day

We celebrated Harmony Day on Tuesday, 17th March, this week! To celebrate the diversity of culture and religion in our community, we shared some orange-iced, smiley-face biscuits.

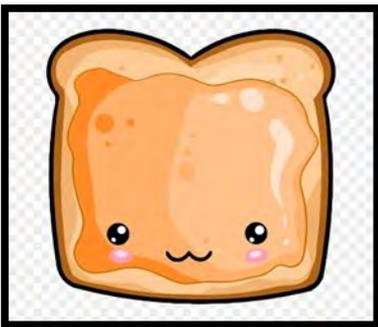
Arty Farty

Throughout Term 1, I spent some time getting arty. Art can be incredibly therapeutic and help us to express our emotions. When we draw and paint, sometimes our frustrations, joys, angers and excitement can come out in our movements and creativity. It can be particularly soothing for children when they can't find the words to explain what we are feeling or if they don't feel comfortable talking about it. The satisfaction of creating also creates a sense of achievement and success. There's a number of learning benefits from creating in this way. Pictured, are a couple of the projects I supported Alexis in – we made a haunted house, which we saw on Mr. Maker, and some spiders, which she designed herself!

Blessings!

Your Pastoral Care Worker,

Narelle Fielke





Bringing Up Great Kids

Online Group

The Children and Parenting Service (CaPS) in the Riverland will be running the Bringing Up Great Kids program online

Learn more about the origins of your own parenting style
Identifying important messages and how to convey these

Understand the messages of your child's behaviour

Discover ways to take care of yourself and find support

Develop strategies to manage your parenting approach, in your busy world

Session details:

During Term 2. Specific dates to be confirmed

To register interest and put your name on the waitlist, please call the Berri office on 8582 4122 or email berri.intake@rasa.org.au.

**you will need access to a computer with camera or smartphone with internet access to join the weekly GoTo online sessions.*

Developed by the Australian Childhood Foundation

Relationships Australia
SOUTH AUSTRALIA

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